

# 2016 BEACH YOGA SCHEDULE

## Please join us for Yoga on the Beach!

This is a complimentary 1 hour vinyasa flow class with professional instruction hosted by Scott & Sunny Townsend.

Bring a mat or towel, water and meet us at the foot of Champion St. All levels are welcome!

Tue Jun 28	Tue Aug 9
Tue Jul 5	Fri Aug 19
Tue Jul 12	Tue Aug 23
Tue Jul 19	Tue Aug 30
Tue Jul 26	Tue Sep 6
Tue Aug 2	

*Classes start at 7:30 AM. No class if it's raining.  
Please check our Facebook page for updates.*



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SCOTT ★ SUNNY  
TOWNSEND TEAM